



LASER & SKIN SURGERY®

Consultation Recommendations

Treatments available at our center:

Acne
Acne Scars
Age Spots / Brown Spots
Birthmarks
Body Contouring
Botox® / Dysport®
Broken Blood Vessels
Cellulite
Double Chin
Excessive Sweating
Facial Redness
Fat Reduction
Filler Injections
Fractional Laser Resurfacing
Freckles
Hair Removal
Hemangiomas

Leg Veins
Melasma
Mole Removal
Nail Conditions
Nevus of Ota
Photodynamic Therapy
Port Wine Stains
Psoriasis
Scars
Skin Cancer
Skin Care Products
Skin Rejuvenation
Skin Tightening
Stretch Marks
Tattoo Removal
Tuberous Sclerosis
Wrinkles

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The following treatment options may be recommended by your physician

BOTOX®/DYSPORT® INJECTIONS

- For improvement of dynamic wrinkles (frown lines, crows feet, neck laxity, lip lines)
- A minute amount is injected, relaxing the muscles that cause wrinkles
- Repeat treatments are required to maintain desired effect

FILLER SUBSTANCES (Restylane®, Restylane-L®, Restylane Silk®, Perlane®, Perlane-L®, Sculptra®, Radiesse®, Juvederm®, Belotero®, Juvederm®XC, Juvederm Voluma®XC)

- For correction of scars, marionette lines, laugh lines, fine wrinkling, lip augmentation, rejuvenation or volume loss
- Products are injected directly into skin causing diminution of wrinkles, scars, volume correction and lifting
- Repeat treatments are required to maintain desired effect

NON-INVASIVE REJUVENATION (Fraxel® Dual, CoolTouch III, Nd:YAG, Clear+Brilliant®, Clear +Brilliant® Permea, PicoSure®)

- For fine lines, moderate wrinkles, mild laxity, rejuvenation, sun damage, mottled pigmentation, loss of pigmentation, scars, stretch marks, and enlarged pores
- Minimal to no recovery time for most patients
- Temporary redness, swelling and bronzing of the skin can be seen
- Several treatments are required
- Full benefits may not be seen for several months

RESURFACING LASERS (Erbium, Fraxel® Repair, Active FX™, DeepFX™, CO²RE)

- For sun damage, fine lines, mottled pigmentation, scarring and moderate wrinkles
- Lasers remove upper portion of skin layer by layer in a precisely controlled manner, effectively rejuvenating and tightening skin
- Recovery period can range from 3-10 days
- After the recovery period, patients are red for a few weeks or more, but this can be covered effectively with make-up.

BODY CONTOURING/CELLULITE REDUCTION/DOUBLE CHIN (Cellfina™, CoolSculpting®, Thermage® CPT, Kybella™, Liposuction)

- For reduction of cellulite or size/circumference
- Improves skin dimpling, laxity and firmness
- Shapes, contours and slims
- Reduces double chin

SKIN LAXITY (Thermage® CPT, GentleYAG™, Fraxel® Repair, ActiveFX™, DeepFX™, Ulthera®, ThermiRF™)

- For skin laxity in jowls, marionette lines, laugh lines, forehead, eyelids, neck, extremities, hands, abdomen and buttocks
- Tightens the skin via sustained heating to tissue
- Results may be seen immediately following treatment and continue to improve for up to 4 months

■ **SCAR TREATMENTS** (Fraxel® Repair, Fraxel® Dual, VBeam®, Q-switched Ruby, Nd:YAG, Clear+Brilliant® Permea, Erbium:YAG, ActiveFX™, PicoSure™, CO²RE)

- For raised, depressed and discolored scars
- Multiple treatments usually required
- Combination therapy with more than one laser may be necessary

■ **PIGMENTED LESION REMOVAL** (Q-switched Ruby, ND:YAG, Fraxel® Dual, Clear+Brilliant® Permea, PicoSure™, Naturalase)

- For solar lentigenes (sun spots), nevus of Ota, melasma and other pigmented lesions
- Laser selectively targets the pigmented lesion, leaving normal surrounding skin unharmed
- May require multiple treatments

■ **VASCULAR LESION REMOVAL** (VBeam® Perfecta, GentleYAG™, GentleLASE®, ExcelV™)

- For broken or enlarged blood vessels, redness, scars, hemangiomas, portwine stains and other vascular lesions.
- Minimal to no recovery period, unless treating hemangiomas or congenital vascular malformations
- Multiple treatments may be required for desired results

■ **PIGMENT RESTORATION** (Fraxel® Repair, Fraxel® Dual, Excimer, ActiveFX™)

- For scars, stretch marks, vitiligo and other areas of decreased pigmentation
- Multiple treatments required

■ **HAIR REMOVAL LASERS** (GentleLASE®, GentleMAX®, GentleMAX® PRO, Vectus®)

- For unwanted body or facial hair
- Treatments are spaced approximately every four to twelve weeks
- An anesthetic cream may be applied one hour prior to treatment to reduce discomfort
- Requires multiple treatments for desired results

■ **TATTOO REMOVAL** (Q-switched Ruby, Nd:YAG, PicoSure®, Fraxel® Dual, Fraxel® Repair, Active FX™, CO²RE, Naturalase)

- Decorative Tattoos
- Cosmetic Tattoos
- Traumatic Tattoos
- Radiation Tattoos

■ **PHOTODYNAMIC THERAPY (PDT)**

- For pre-cancerous skin lesions (actinic keratosis), acne, skin rejuvenation, some skin cancers and sebaceous hyperplasia
- Uses a topical solution or injection prior to laser or light treatment
- Requires strict sun and bright light avoidance after the procedure

■ **LEG VEIN TREATMENT** (Sclerotherapy, VBeam®Perfecta, Nd:YAG, CoolTouch CTEV™, Excel V™, GentleMAX®)

- For improvement of small superficial veins (telangiectasia), bluish and torturous varicose veins of the legs
- With sclerotherapy, a small amount of sclerosing solution is injected into the affected veins, causing the vessel to collapse and ultimately go away
- Often requires multiple treatments for desired results
- CoolTouch CTEV™, a minimally invasive, image-guided procedure utilizes laser energy to close abnormally enlarged or dysfunctional leg veins
- May help leg swelling, aching, fatigue, cramping, burning or skin irritation due to incompetent leg vein valves

■ **ACNE LASER/LIGHT TREATMENT** (Nd:YAG, PDT, Isolaz®, Excel V™)

- For treatment of active acne, acne scarring and oily skin
- Shrinks glands of the skin to treat acne and reduce oil production
- May stimulate collagen production to diminish the appearance of scarring
- Requires multiple treatments

■ **CHEMICAL PEELS** (Glycolic, Salicylic, Jessners, TCA)

- For acne, melasma, sun damage and skin rejuvenation
- Gently removes the top layer of dead skin cells
- Improves skin texture, color and fine lines

■ **GENTLEWAVES®**

- Expedites the healing process after sunburns or laser procedures
- This non-invasive treatment uses light-emitting diodes to stimulate collagen production in the skin leading to smoother and softer skin
- There is no pain, redness or wounding from the procedure
- Best results are seen with twice weekly treatments

Disclaimer

Information contained in this brochure is general in nature and does not substitute for the informed consent that will be provided to you prior to your treatment. This brochure is for informational purposes only

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