

FACE TIME

NEW NON-SURGICAL ANTIAGING TREATMENTS ARE GETTING GREAT RESULTS FOR TOP CITY DERMATOLOGISTS. BY CHRISTINA CLEMENTE

Today, with so many different antiaging treatment options available in lieu of a face-lift, the challenge becomes finding the one that works best for your needs. Here, Dr. Elliot Weiss, a renowned dermatologist at the Laser & Skin Surgery Center of New York, which has offices in Manhattan and Southampton, gives an insider's take on the latest and most popular nonsurgical treatments.

Let's talk about some of the more recent filler treatments. How significant was the introduction of Juvéderm Voluma XC, the first and only FDA-approved filler for adding volume to the cheeks?

Voluma has made a dramatic and invaluable impact on the filler market. It's by far the longest-lasting hyaluronic acid filler available—about one to two years with optimal correction. It allows me to create a very natural lifting and contouring of the face, and my patients love it.

Is Voluma the most popular product for recontouring? Have you developed new techniques to work with it?

Yes, because of its longer duration. My technique involves injecting the filler in such a way that contour correction blends with the surrounding area.

For fine lines, what products or procedures do you use?

A combination of laser, such as Fraxel Dual, to improve skin quality, and filler like Belotero, Juvéderm Ultra, or Restylane Silk, which was approved last year. I also use these fillers to define the lips.

Which filler-based treatments provide results that are closest to a surgical lift?

I don't think one treatment does it all. The best, most natural results come from combining injectable fillers, laser, and occasionally tightening devices like a combination of the noninvasive Fraxel Dual and the ruby laser to even out pigmentation and diminish fine lines and scars. With fillers the key is not to overfill.

Laser & Skin Surgery Center of New York, 317 E. 34th St., 212-686-7306; laserskinsurgery.com. Laser & Skin Surgery Center of New York East, 325 Meeting House Lane, Bldg. 1, Southampton, 631-287-7307; laserskinhamptons.com **G**



Stop the clock: The ideal of youthful skin (ABOVE) gets a boost with longer-lasting fillers (BELOW). INSET: Dr. Elliot Weiss



overheard

“THE BEST RESULTS COME FROM COMBINING FILLERS, LASERS, AND TIGHTENING DEVICES.”

—DR. ELLIOT WEISS

// essentials //

CRÈME DE LA CRÈME

Super luxe moisturizers to keep your skin in tiptop shape this winter.



CAVIAR SPECTACULAIRE FROM LA PRAIRIE

The brand's silky and iconic Skin Caviar Luxe cream (\$2,200), which enriches the skin with a firming complex, is housed in a handcrafted crystal Baccarat jar that can also be used as a caviar server. The limited-edition piece, out this month, is, well, very limited—with only 1,500 worldwide. *Saks Fifth Avenue, 611 Fifth Ave., 212-753-4000; saks.com*



ABSOLUE WHITE AURA CREAM FROM LANCÔME

At the forefront is Pro-Xylane, the brand's signature, ultra-brightening antiaging molecule, designed to smooth and rejuvenate the skin. The luscious formula (\$250) also includes white rose extract, white peony, and lemon extract. *Bergdorf Goodman, 754 Fifth Ave., 212-753-7300; bergdorfgoodman.com*



SUPREMYA CREAM FROM SISLEY PARIS

Packed with ingredients like hazelnut oil, kokum butter, and pro-vitamin B5 that soothe the skin and limit moisture loss, this ultra-nourishing night cream (\$795) includes the brand's patented Phyto-Complex LC12, which helps to rejuvenate and tighten the face and décolleté by repairing, and in turn doubling, the lifespan of skin cells. *343 Bleeker St., 844-209-1944; sisley-paris.com*