Consultation Recommendations

Treatments available at our center:

- Acne
- Acne Scars
- Age Spots / Brown Spots
- Birthmarks
- Body Contouring
- Botox® / Dysport® / Xeomin
- Broken Blood Vessels
- Cellulite
- CoolSculpting
- Double Chin
- Excessive Sweating
- Facial Redness
- Fat Reduction
- Filler Injections
- Fractional Laser Resurfacing
- Freckles
- Hair Growth
- Hair Removal
- Hemangiomas
- Kybella
- Leg Veins
- Liposuction
- Melasma
- Mohs Surgery
- Mole Removal
- Nail Conditions
- Nevus of Ota
- Permanent Make-up Removal
- Port Wine Stains
- PRP and PRP+
- Psoriasis
- Scars
- Skin Cancer
- Skin Rejuvenation
- Skin Tightening
- Stretch Marks
- Tattoo Removal
- Vaginal Rejuvenation
- Wrinkles

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The following treatment options may be recommended by your physician

### BOTOX®/DYSPORT®/XEOMIN INJECTIONS
- For improvement of dynamic wrinkles (frown lines, crows feet, neck laxity, lip lines)
- A minute amount is injected, relaxing the muscles that cause wrinkles
- Repeat treatments are required to maintain desired effect

### FILLER (Restylane®, Restylane-L®, Restylane Silk®, Restylane Lyft®, Restylane® Refyne, Restylane® Defyne, Sculptra®, Radiesse®, Juvederm Ultra®, Juvederm Ultra Plus®XC, Juvederm Volbella, Juvederm Voluma®XC, Juvederm Vollure, Belotero®)
- For correction of scars, marionette lines, laugh lines, fine wrinkling, lifting, lip augmentation, rejuvenation or volume loss
- Products are injected directly into skin causing diminution of wrinkles, scars, volume correction and lifting
- Repeat treatments are required to maintain desired effect

### NON-INVASIVE REJUVENATION (Fraxel® Dual, PRP, Nd:YAG, Clear+Brilliant®, Laser Genesis, Clear+Brilliant® Permea, PicoSure®, Infini, Thermi Smooth, Halo, LaseMD)
- For fine lines, moderate wrinkles, mild laxity, rejuvenation, sun damage, mottled pigmentation, loss of pigmentation, scars, stretch marks, and enlarged pores
- Minimal to no recovery time for most patients
- Temporary redness, swelling and bronzing of the skin can be seen
- Several treatments are required
- Full benefits may not be seen for several months

### RESURFACING LASERS (Erbium, Fraxel® Repair, Active FX®, DeepFX®, CO²RE, Halo, Clear+Brilliant®, Fraxel® Dual, FASA Procedure, ProFractional, Sciton Contour TRL)
- For sun damage, fine lines, mottled pigmentation, scarring and moderate wrinkles
- Lasers remove upper portion of skin layer by layer in a precisely controlled manner, effectively rejuvenating and tightening skin
- Recovery period can range from 3-10 days
- After the recovery period, patients are red for a few weeks or more, but this can be covered effectively with make-up.

### BODY CONTOURING/CELLULITE REDUCTION/DUOUBLE CHIN (Cellfina®, CoolSculpting®, Thermage® CPT, Kybella®, Liposuction, SculpSure, Thermitight, Ulthera, Thermi 250, Ultrashape)
- For reduction of cellulite or size/circumference
- Improves skin dimpling, laxity and firmness
- Shapes, contours and slims
- Reduces double chin
SKIN LAXITY (Thermage® CPT, GentleYAG®, Fraxel® Repair, ActiveFX®, DeepFX®, Ulthera®, Thermi Smooth, Thermi Tight, Infini, Instalift)

- For skin laxity in jowls, marionette lines, laugh lines, forehead, eyelids, neck, extremities, hands, abdomen and buttocks
- Tightens the skin via sustained heating to tissue
- Results may be seen immediately following treatment and continue to improve for up to 4 months

SCAR TREATMENTS (Fraxel® Repair, Fraxel® Dual, VBeam®, Q-switched Ruby, Nd:YAG, Clear+Brilliant® Permea, Erbium:YAG, ActiveFX®, PicoSure®, CO²RE, Infini, Deep FX, Scar FX, Injections, Topical Filler, Cross Technique, Punch Grafts, LaseMD, ProFractional)

- For raised, depressed or discolored scars
- Multiple treatments usually required
- Combination therapy with more than one laser may be necessary


- For solar lentigenes (sun spots), nevus of Ota, melasma and other pigmented lesions
- Laser selectively targets the pigmented lesion, leaving normal surrounding skin unharmed
- May require multiple treatments

VASCULAR Lesion REMOVAL (VBeam® Perfecta, GentleYAG®, ExcelV™, GentleLASE®, Cynergy, BBL)

- For broken or enlarged blood vessels, redness, scars, hemangiomas, portwine stains and other vascular lesions.
- Minimal to no recovery period, unless treating hemangiomas or congenital vascular malformations
- Multiple treatments may be required for desired results

PIGMENT RESTORATION (Fraxel® Repair, Fraxel® Dual, Excimer, ActiveFX®, ProFractional)

- For scars, stretch marks, vitiligo and other areas of decreased pigmentation
- Multiple treatments required

HAIR GROWTH

- PRP
- PRP Plus

HAIR REMOVAL (GentleLASE®, GentleMAX®, GentleMAX® PRO, Vectus®, Miradry, Excel-V)

- For unwanted body or facial hair
- Treatments are spaced approximately every four to twelve weeks
- An anesthetic cream may be applied one hour prior to treatment to reduce discomfort
- Requires multiple treatments for desired results
**TATTOO REMOVAL** (Q-switched Ruby, Picosure, Nd:YAG, PicoPlus®, Fraxel®Dual, Fraxel® Repair, Active FX®, CO²RE)
- Decorative Tattoos
- Cosmetic Tattoos
- Traumatic Tattoos
- Radiation Tattoos

**LEG VEIN TREATMENT** (Sclerotherapy, VBeam®Perfecta, Nd:YAG, CoolTouch CTEV™, Excel V®, GentleMAX®)
- For improvement of small superficial veins (telangiectasia), bluish and tortuous varicose veins of the legs
- With sclerotherapy, a small amount of sclerosing solution is injected into the affected vein, causing the vessel to collapse and resolve
- Often requires multiple treatments for desired results
- CoolTouch CTEV™, a minimally invasive, image-guided procedure utilizes laser energy to close abnormally enlarged or dysfunctional leg veins
- May help leg swelling, aching, fatigue, cramping, burning or skin irritation due to incompetent leg vein valves

**ACNE LASER/LIGHT TREATMENT** (Nd:YAG, Isolaz®, Excel V®, IPL, Laser Genesis)
- For treatment of active acne, acne scarring and oily skin
- Shrinks oil producing glands of the skin that are involved in acne
- May stimulate collagen production to diminish the appearance of scarring
- Requires multiple treatments

**CHEMICAL PEELS** (Glycolic, Salicylic, Jessners, TCA)
- For acne, melasma, sun damage and skin rejuvenation
- Gently removes the top layer of dead skin cells
- Improves skin texture, color and fine lines

**PRP (Platelet Rich Plasma) + PRP Plus**
- Hair Growth
- Rejuvenation

**GENTLEWAVES®**
- Expedites the healing process after sunburns or laser procedures
- This non-invasive treatment uses light-emitting diodes to stimulate collagen production in the skin leading to smoother and softer skin
- There is no pain, redness or wounding from the procedure
- Best results are seen with twice weekly treatments

**VAGINAL REJUVENATION (Thermiva)** (Performed by Board Certified Gynecologist)
- Tightening - Internal/External
- Dryness
- Incontinence

**Disclaimer** - Information contained in this brochure is general in nature and does not substitute for the informed consent that will be provided to you prior to your treatment. This brochure is for informational purposes only.

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