Daniel Belkin, M.D. is a board-certified dermatologist who is fellowship-trained in cosmetic dermatology, laser surgery, and Mohs micrographic surgery.

After graduating magna cum laude from Amherst College, he received his medical degree from Weill Cornell Medical College. As part of his training, he did a research fellowship at the Rockefeller University where he studied non-melanoma skin cancer. He graduated with both honors in service as well as honors in research, and he received multiple awards including the Dean’s Research Award. He subsequently trained in dermatology at the University of Southern California in Los Angeles, where he helped create the educational program in dermatologic surgery. He also received extensive training in medical, surgical, and pediatric dermatology at the Los Angeles County Medical Center, Keck Hospital of USC, and Children’s Hospital Los Angeles. He went on to complete a prestigious fellowship in Mohs micrographic surgery and reconstructive surgery, laser surgery, and cosmetic dermatology under the direction of Roy G. Geronemus, M.D. at the Laser & Skin Surgery Center of New York.

He has authored several textbook chapters on dermatologic surgery and multiple original articles, which have appeared in journals such as the Journal of Investigative Dermatology, JAMA Dermatology, and Plastic and Reconstructive Surgery. Subjects include high risk skin cancer, lasers for disorders of pigmentation, laser resurfacing, and aesthetic treatments for men. He is a fellow of the American Academy of Dermatology and a member of the American Society for Dermatologic Surgery, the American Society of Laser Medicine and Surgery, and the American College of Mohs Surgery.

Dr. Belkin is actively involved in clinical research and teaching and is an Assistant Attending in Dermatology at the NYU School of Medicine.
NO DOWN TIME REJUVENATION

For those seeking a gentle introduction to laser treatments but looking for overall rejuvenation with downtime limited to redness in most cases, the PicoSure and Laser Genesis lasers fill niche perfectly. These lasers smooth skin texture, reduce redness, shrink pores, and stimulate new collagen and elastin formation, all without visible injury to the skin. The treatment is so gentle that there are minimal anesthetic requirements, and it takes about 15 minutes. We recommend a series of treatments two to four weeks apart, followed by one to two maintenance treatments per year, but each plan can be customized based upon individual needs.

SILHOUETTE INSTALIFT SUTURE LIFT

Have you noticed your lower cheeks starting to fall below the jawline? Are your smile folds deepening? Many women and men start to notice the descent of their face in their 40s to 50s but they are not ready to consider having a facelift. Instalift is an FDA cleared treatment that can be performed in the office setting and takes less than one hour. The results are long-lasting and patients are happy with the results.

SCITON HALO

We are thrilled to offer the exciting hybrid fractional Sciton HALO laser at our center. The HALO offers many advanced benefits including both non-ablative and ablative resurfacing available in a single treatment session. This means that you can get a deeper but less aggressive fractional laser treatment combined with precisely focused superficial ablative resurfacing, which allows for faster healing times and less downtime while achieving significant changes with a single session. The HALO treatment cools the skin directly during treatment, so in addition to our in-office skin preparation beforehand, the entire procedure is quite comfortable. Downtime is about 2 days of pinkness followed by a week of dry peeling as your skin rejuvenates itself. New collagen formation kicks in several weeks after the procedure and improvement continues to increase over the next several months.

LASER TREATMENT OF AGING SKIN

TATTOOS

Are you getting married and can’t wear your hair up because of the turtle on the back of your neck? Are you still staring at your ex-girlfriend’s name on your arm? Our physicians remain at the forefront of laser tattoo removal, offering the latest technologies and techniques. In addition to standard “Q-switched” devices such as the Ruby and Nd:YAG lasers, we have multiple picosecond lasers with three available wavelengths in our practice, specifically the PicoSure 532nm, 755nm, and 1064nm – allowing for safe and effective treatment of tattoos of all colors.

Our Center was also amongst the first in the world to work with and publish research evaluating the use of perfluorodecalin (PFD) in tattoo removal, and has since contributed to the creation of the DeScribe patch. This patch is the first and only of its kind that allows for multiple laser treatments in one office visit. We continue to find innovative ways to treat tattoos of the eyebrow, lip liner, as well as tattoos of more challenging colors, such as white or tan. In addition, we continue to conduct groundbreaking research in this area, regularly publishing and presenting around the world on the topic.

NAIL HEALTH

Our dermatologists and dermatologic surgeons are trained not only to recognize and treat disorders of the skin and hair but also of the nails. Though the nails may seem like a small part of the body, those who have had issues know that nail disorders can be quite problematic. Several of our physicians specialize in treating the nails, both medically and surgically. Some signs for which you may wish to schedule a visit are brown, white or red streaks, green or yellow discoloration, pain around the nail, lifting of the nail, crumbling of the nail, and grooves or pits in the nail. We may use topical medications, oral medications, laser treatments, or surgical treatments such as removing or biopsying part of the nail unit. Nail procedures can be done painlessly with the use of nerve blocks.

LEG VEINS

Did you notice any unsightly veins on your legs this past summer? If so, fall is a great time to get them treated so you are ready to bare your legs next summer. Veins on the legs can present as spider veins (small pink veins that look like spiders) or as varicose veins (blue/green veins that can be felt and seen). The treatment of spider veins is considered cosmetic and most patients will need at least a few treatments to see results. Larger veins with symptoms of aching, cramping, pain and swelling can be associated with a medical condition called venous insufficiency. Our office screens patients to see if you have this medical problem using an ultrasound, a painless procedure. Once identified, venous insufficiency can be treated with a laser.

The cooler weather is the best time to treat as the use of compression stockings after each treatment is recommended as well as sun avoidance.

See Dr. Bae discussing leg veins on the Today Show: https://t.co/6MHswDwSs1
INJECTABLES & FILLER UPDATE

We are passionate about the artful method of restoration using injections, not just because we are one of the largest users of toxins and fillers in the world, but because we are pioneers in the field. We have been part of numerous clinical trials with the manufacturers of Botox and fillers that have led to FDA approval and new uses of their science. Cosmetic injections do so much more than fix a line or fill a crease. At our Center we think broadly about how the overall face changes with age. By addressing these changes, we not only fix lines and creases, but restore a natural, rejuvenated version of you which results in safer treatments and prevents overdone and unnatural appearances. Fillers are not intended to make you look full, but instead to contour the face for a normal-looking appearance and to restore volume. Toxins (Botox, Dysport, Xeomin) should not freeze your appearance, but instead soften the excessive lines that make you look older and stressed. Our depth of resources gives us everything available to our patients, including Juvederm, Voluma, Voluma, Restylane, Restylane Lyft, Restylane Silk, Belotero, Radiesse, Sculptra, Botox Cosmetic, Dysport, and Xeomin. We also use the newest fillers: Volbella offers a soft, subtle filler for the lips and lines around them. Vollure offers a longer lasting solution for nasolabial folds and marionette lines. Restylane Refyne and Defyne offer marked flexibility for areas of motion. At your consultation we assist in finding the best solution for you.

CLINICAL TRIALS / RESEARCH

The Laser & Skin Surgery Center of New York has a full time, on-site research division that is devoted to reshaping the landscape of dermatologic and laser surgery. Results from our studies have been widely presented and published on a national and international scale.

We are gearing up for an exciting fall and winter season and are looking for volunteers interested in the treatment of:

- Acne
- Rosacea
- Cellulite
- Scars
- Wrinkles
- Sun damage
- Skin laxity

Our success would not be possible without the high level of participation by our patients and volunteers. If you are interested in participating in our research program, please call the Research Department at (212) 686-7306 or visit our website at www.laserskinsurgery.com/Clinical-Trials

VAGINAL REJUVENATION

ThermiVa for vaginal rejuvenation and urinary incontinence is now available at our Center. ThermiVa is a non-surgical, painless, no downtime solution to firm, tighten, and re-lubricate vaginal tissue. Using radiofrequency energy, ThermiVa stimulates the body’s own collagen production to improve laxity, improve stress urinary incontinence and many patients have noticed a boost in sexual pleasure. All procedures will be performed by Helen Hsieh, M.D., a board certified gynecologist with extensive experience in the treatment and management of women's health. Dr. Hsieh has successfully treated hundreds of patients who are very pleased with their results. Visit our website for more information about the procedure and Helen Hsieh, M.D.

PLATELET RICH PLASMA

Platelet-rich plasma (PRP) is non-surgical treatment for hair loss and skin rejuvenation. It utilizes the body’s platelets to stimulate healing in treated areas. Our platelets store a rich supply of growth factors. When activated, platelets release these growth factors that have the potential to restore many types of tissue. Many medical specialties have found applications for this treatment, particularly in injured muscles and joints. In dermatology and cosmetic surgery, PRP has found success in hair restoration and collagen stimulation for skin rejuvenation. PRP is safe and as it is made of your own body cells, causes virtually no risk of rejection or reaction. Platelet-Rich Plasma Therapy takes less than an hour. The patient’s blood is drawn and placed in a centrifuge for 6-10 minutes to separate out the platelets. It is then injected into the desired treatment area to harness the body’s own healing properties.

WHAT’S NEW IN THE HAMPTONS?

The Laser & Skin Surgery Center of New York’s year-round, full-service Southampton facility is celebrating its 7th year. Our Southampton office, staffed full-time by Dr Elliot Weiss and weekly by Dr Dana Stern, offers the most cutting edge dermatologic and aesthetic care on the East End. Now that summer has ended and those long sunny days are winding down, it’s the perfect time to consider laser and aesthetic treatments. Some of our most popular treatments this time of year relate to removing sun damage and unwanted pigmentation. Combined treatment with the Fraxel Dual laser and Q-switched laser provides stunning results with very minimal downtime. These treatments and others are very popular, especially during our weekend hours, when people have a couple days to recover before returning to work or life in NYC or the East End. We are very excited to announce the addition of the new CoolSculpting Cool Advantage and Cool Advantage Plus hand pieces. This will allow for even more effective and efficient treatments in about half the time.

FINANCING AVAILABLE

In an effort to make care accessible to all of our patients regardless of their financial situation, we’ve partnered with Parasail & Care Credit to find patient-friendly payment plans that fit their needs. Unlike credits cards, Parasail has fixed interest rates based on your financial information, no fees and affordable payments that can be spread out monthly to fit your budget to ensure that you get the care that you need. CareCredit is different from a regular credit card. It helps you pay for out-of-pocket expenses not covered by medical insurance by extending special financing options that you can’t get when using your Visa or MasterCard. Pay for health, and wellness care at over 200,000 enrolled providers across the nation. Once you’ve applied, you can use it again and again at any location that accepts CareCredit.

Visit our website for full details and application at www.laserskinsurgery.com
AWARDS AND HONORS FOR LSSCNY PHYSICIANS AND STAFF

Drs. Geronemus, Shelton, Krant and Seidenberg named to New York Magazine’s 2017 Best Doctors

Drs. Anolik, Geronemus, Henry, Krant and Stern named among the New York Times list of Super Doctors for 2017

Roy Geronemus, M.D. : Americas Top Doctor—Castle Connolly 2017

Ronald Shelton, M.D. : Castle Connelly Top Doctor New York Metro Area 2017

Roy Seidenberg, M.D. : Appeared in the medical film documentary “All the Rage: Saved by Sarno”,
Ronald Shelton, M.D. : Mount Sinai Voluntary Teaching award, Top Doctors 2017

Michelle F. Henry, M.D. : 2016 Top 10 East Coast Dermatologists Crystal Award Winner

Roy Geronemus, M.D. : Stem Cell Hero—New York Stem Cell Foundation

Megan Allen, RN , Tamara Ammon RN, Christina Battilana RN, Catherine Ferro, RN and Kaitlin Winters, RN received the Service Award from the Vascular Birthmark Foundation. This award reflects their extraordinary work on behalf of children and adults with vascular birthmarks at our center.

PUBLICATIONS FROM THE LSSCNY PHYSICIANS 2016-2017


“Safety and Effectiveness of VYC-15L, a Hyaluronic Acid Filler for Lip and Perioral Enhancement: One-Year Results From a Randomized, Controlled Study” Dermatol Surg. 2017 Mar;43(3):396-404


